

# Awakening the Visionary Human

WORKBOOK  
[heartmapexperience.org](http://heartmapexperience.org)

# HEART MAP EXPERIENCE

PERSONAL DEVELOPMENT | VISION QUEST

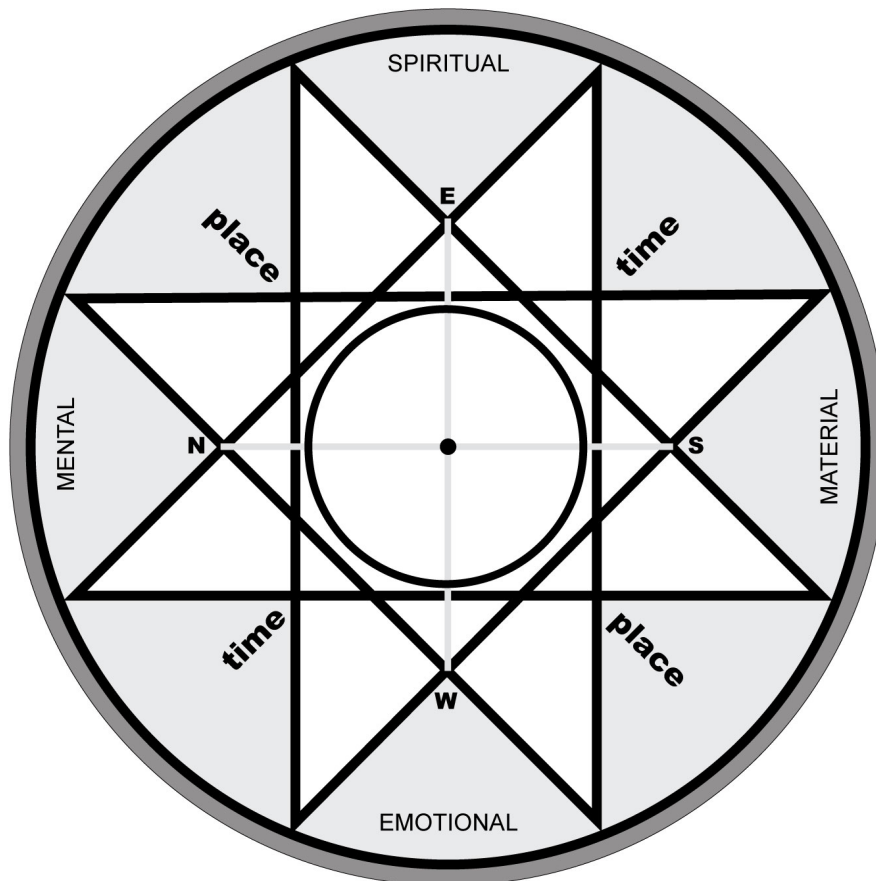


## MISSION in VISION:

**To provide life changing experiences** (to inspire YOU reconnect and remember the beautiful magical journey of a conscious manifestation of any idea, project, dream or vision) through the practice of modern mind techniques and ancient shamanic teachings that serve as a complementary tool to map the Visions you receive for your life's journey.

"The Heart Map Experience envisions reaching as many hearts as possible throughout the world, contributing to the awakening process of the human consciousness, helping people to get in touch with their own creative force".

*"Visions are meant to be manifested, otherwise they remain just as dreams"*  
- **Soniko Waira**



**Know Thyself!** find your centre through self knowledge!

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NAME:

DATE AND PLACE OF BIRTH:

TIME:

NUMEROLOGY:

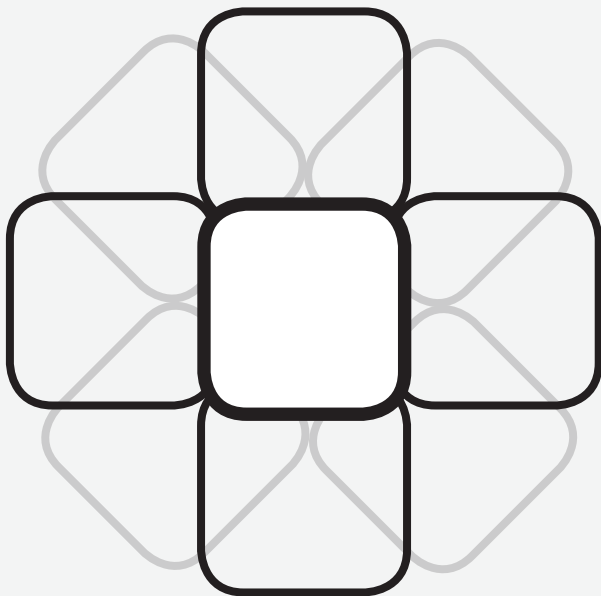
ANIMAL GUIDE:

ZODIAC SIGN:

DREAMSPELL Galactic Signature:

Kin:

CodeSpell:



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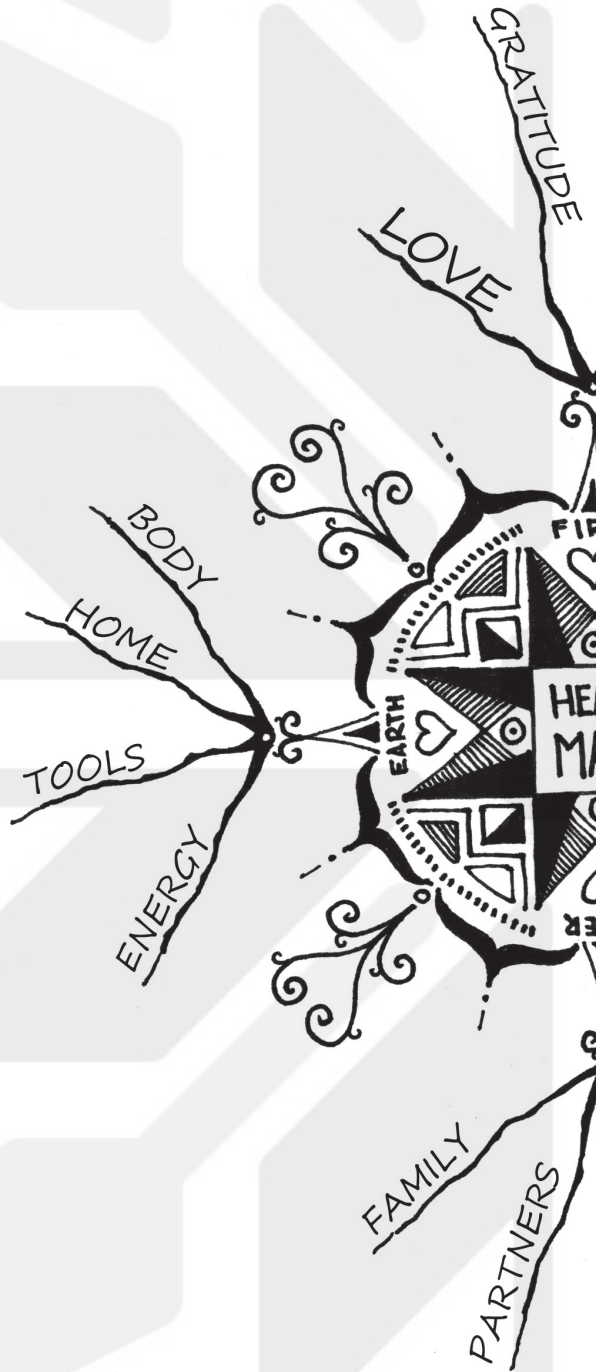
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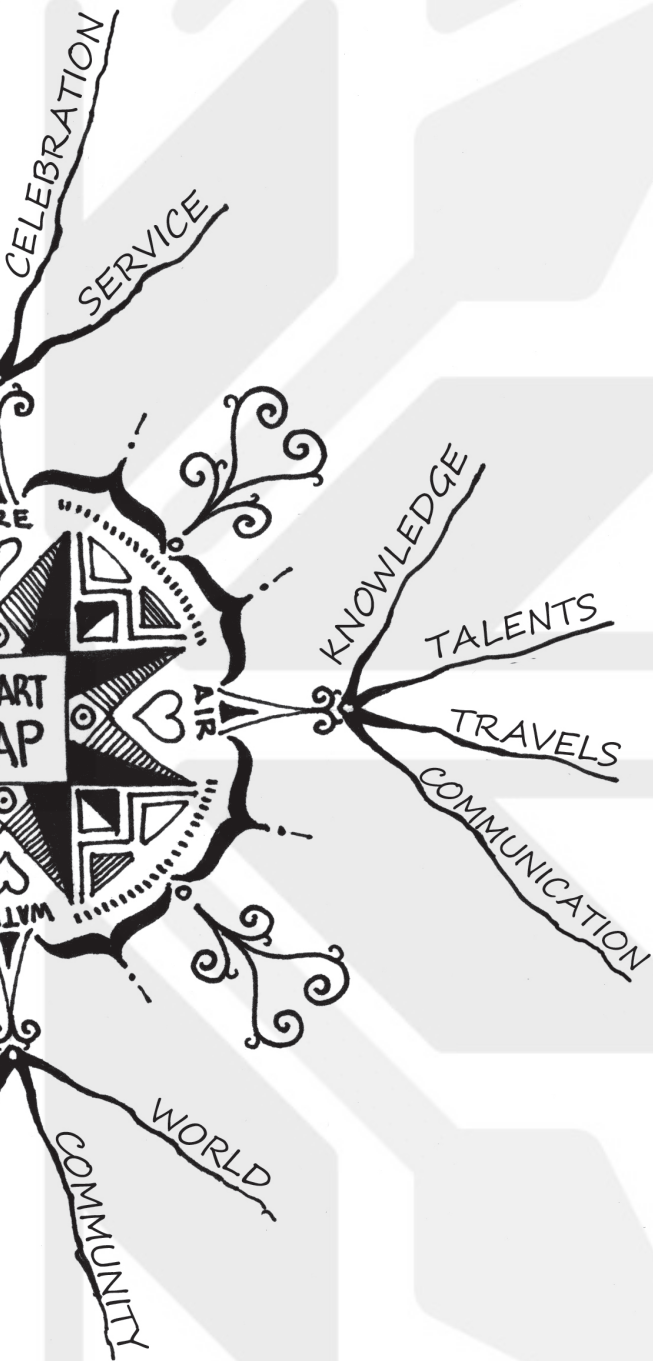
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What are you grateful for in the MATERIAL aspect of your life:

BODY, HEALTH, HOME, TOOLS, ENERGY

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What are you grateful for in the EMOTIONAL aspect of your life:

FAMILY, PARTNERS, COMMUNITY, WORLD

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What do you want to manifest:

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What do you want to manifest:

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What are you grateful for in the MENTAL aspect of your life:

KNOWLEDGE, TALENTS, TRAVELS, COMMUNICATIONS

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What are you grateful for in the SPIRITUAL aspect of your life:

LOVE, GRATITUDE, CELEBRATION, SERVICE

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What do you want to manifest:

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What do you want to manifest:

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## **Write your new story**

Please do it as if you're introducing yourself: